

Author & Psychologist–Master  
**LOUISE A. DIETZEL, M.S.**

---

## *Thriving Kit for Parents*

*Thriving* is knowing that you outlived your childhood and that fact is your best parenting resource.

*Thriving* is believing that your children grow up in spite of you.

*Thriving* is remembering the importance of self-esteem and integrity-first yours and then your child's.

*Thriving* is knowing that as you keep track of your child's developmental stages and accompanying tasks, your child's behavior makes more sense.

*Thriving* is remembering that the biggest difference between you and your children is twenty or thirty years, more joys, bumps and bruises, successes, disappointments, and more time to develop your life's philosophy and wisdom.

*Thriving* is developing patience as you wait for your children to grow up enough to thirty to forty-five years.

*Thriving* is realizing that it is never too soon or too late to develop a warm, open, caring, and honest relationship with your children. Your children forgive your changes.

*Thriving* is knowing that you cannot make up through your children what you missed in your childhood.

*Thriving* is knowing that you create and maintain your own reality in your thinking. The same is true for your children.

*Thriving* is taking good care of yourself and reframing what you do not like.

---

***Parenting with Respect and Peacefulness***  
**info@louisedietzelparenting.com**